

# *The* ALCHEMY CODES

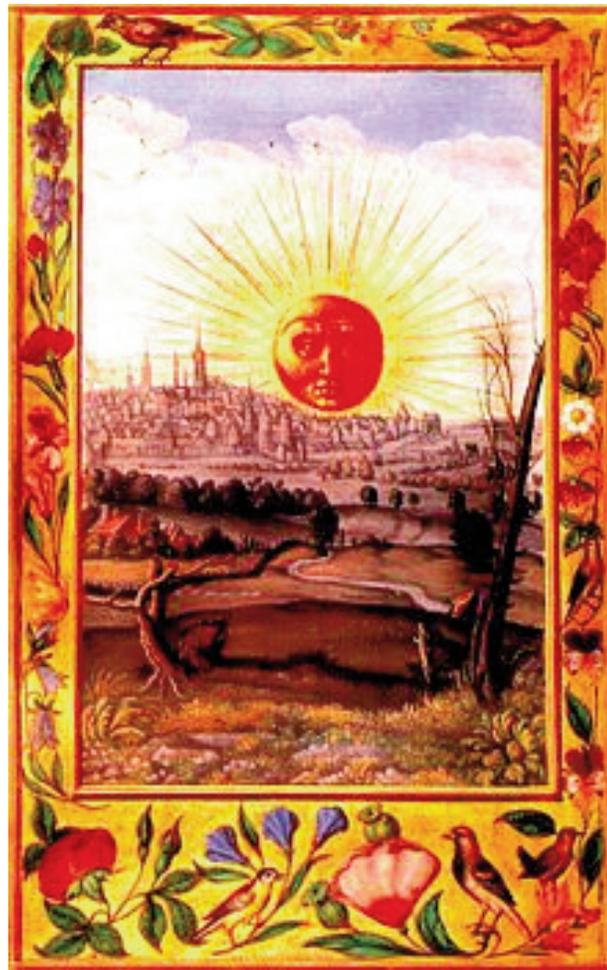
— An Inner Apothecary ✨ Mystery School Retreat —

*Takes place at Kalani Honua Oceanside resort on the Big Island of Hawaii*

March 12-17 2018

**A**POTHECARY DERIVES FROM the Ancient Greek word “a repository or storehouse.” In these times of profound acceleration and fragmentation, we must take our health and sanity into our own hands. By being engaged alchemists who know the secret codes needed to enter into the somatic mystery school within, we can empower ourselves with the neuro-chemistry that is required to be resilient, awake and available as co-creators with Spirit and participate as conscious change agents of our lives . . .

- ✿ Through Continuum Dives as well as Core Embodiment Practices we will open and allow your most inspired expression to be re-born.
- ✿ Reclaim your body/mind from past traumas, abuse and mis-use of your life force.
- ✿ Discover a self-empowering practice that is half mystery school & half neuro-science, giving you the deepest access to your own somatic guiding wisdom.
- ✿ Create safety and trust within your own system through self-regulation and co-regulation solo and partner intimacy practices.
- ✿ Turn your base metals into gold. Create a new baseline of your natural state of being one of joy, wonder, awe, curiosity and creative ALIVENESS . . .
- ✿ Enjoy the profound beauty of Hawaiian nature, geo-thermal warm pools and shared company of like-minded souls . . .



Cost: Early Bird \$1750 until December 15 and \$1995 after December 15

*Participation is limited to 16 folks. Please inquire for more info and to register:*

[www.ajayasommers.com](http://www.ajayasommers.com)



AJAYA SOMMERS RCST, is a gifted healer, teacher, and creative catalyst in the field of embodied awakening. For the last 26 years she has been facilitating conscious evolution in hundreds of people's lives. All of her programs are grounded in science, expanded through devotional practice and made real direct experience. Ajaya is a certified Biodynamic Craniosacral Integration Teacher, and was authorized to teach Continuum by Emily Conrad the founder of Continuum Movement Arts. She now teaches, transmits and facilitates a unique discovery process that honors every aspect of your humanity as well as your anatomy as the precise path to sharing yours gifts with world from the empowered disposition of living your life from the inside — out.